

Board Approval Date: June 2011

Course Theme: Physical Education: Games (K-3)

Credit/Hours: Approximately 60 days

Course Description:

The games theme focuses on mastery of the PA Academic Standards for Health & Physical Education and Early Learning Standards for Health & Physical Education.

The students in Kindergarten and first grade begin to play lead up games that introduce sport concepts where they can build upon to play organized games in 2nd and 3rd grade, using strategies to be successful. The students are taught sport skills, given opportunities to practice and use the skills in modified games. The games not only focus on sport skills, but also help the students to learn how to play cooperatively in groups and teams, demonstrate positive attitudes, and develop an interest in many different sports. In addition to traditional sport games, the students participate in cooperative games and multicultural activity.

Learning Activities/Modes of Assessment:

Large Group Instruction
Small Group Activities
Partner Activities
Student/Teacher Demonstrations
Skill Development
Student Practice
Cooperative Activities
Culminating Activities
Teacher Observation
Individual/Partner Checklists
Teacher Quizzes
Worksheets

Instructional Resources:

Equipment for each activity

Course Pacing Guide

Course: K-3 Physical Education: Games

Course Unit (Topic)	Length of Instruction (Days)
1. Low Organized Games	15 Days
2. Cooperative Games	10 Days
3. Omnikin Unit	4 Days
4. Basketball	5 Days
5. Whiffle/Base/Softball	5 Days
6. Pillow Polo/Floor Hockey	4 Days
7. Soccer	3 Days
8. Kickball	3 Days
9. Lacrosse (3 rd only)	5 Days
10. Volleyball (3 rd only)	6 Days