

**Course Title: Grade 7 FCS  
Family and Consumer Science**

**Board Approval Date: June 2011**

**Course Description:**

This course focuses on mastery of the PA Academic Standards for Family and Consumer Science. Family and Consumer Sciences education provides the student with skills needed for becoming a responsible family member. By following the dietary guidelines and food guide pyramid, students will use basic food preparation techniques and food handling procedures. Students will also describe health and safety hazards relating to children at various stages of development.

**Learning Activities / Modes of Assessment:**

Large group instruction  
Tests and Quizzes  
Projects in the foods lab  
Checklists / Teacher Observation  
Small group work  
Projects with Rubrics

**Instructional Resources:**

Teacher compiled resources  
Internet resources  
Equipment and materials associated with the foods lab

# Course Pacing Guide

**Course: 7<sup>th</sup> Grade Family and Consumer Science**

<b>Course Unit (Topic)</b>	<b>Length of Instruction (Days/Periods)</b>
1. Food Preparation and Nutrition	8 Days
2. Child Development	6 Days